

the CIRCLE

Friday, February 3, 2012

In our fast paced world filled with technology, timelines and schedules, we are losing our ability to “connect” in an authentic way with other human beings. We long for a sense of “community” where we can just “be” with others with no agenda, no judgment, no expectations, no rush.

Life is meant to be celebrated, honoured and shared. There will be drumming, singing, wellness tips, story telling and more... join us and participate in any way that you like.

All ages welcome and encouraged to participate.

Location: Ohana Wellness Centre
1436 Main St. N. Callander, POH 1H0
705 752 0294 info@ohanawellness.ca
www.ohanawellness.ca

Parking available at Ohana,
or across the street at St. Theresa's School
or Shannondale Animal Hospital

6:00 pm - Circle Opening

7:30 pm - Refreshments

8:45 pm - Closing

Bring a treat to share during break

Admission: From the Heart Donation
or a nonperishable food item

** Bring whichever noise makers,
gifts to share, stories to tell... etc...*

About “the CIRCLE”....

it is a community group from all walks of life: practitioners, instructors, drummers, some who spiritually connected, people who are looking to achieve a sense of community... people who have gathered together to share time and energy for life with each other. Our focus is to offer different events to build a sense of community, for the young, younger and the young at heart. If you are interested in becoming part of the circle or finding out more please contact:

Francine Charland at rootedheart@live.ca or Nicky Poulin at info@ohanawellness.ca